

Developing High Performance Teams

Aim To help Managers elicit the very best performance from their teams

Objectives By the end of this workshop, participants will be able to:

1. Explain the essential differences between a group of individuals and a team
2. Name the key characteristics of high-performing teams
3. Describe how to motivate the team and its members to achieve objectives
4. Explain how they can help prevent or resolve conflict between team members
5. Name the essential roles involved in successful business teams
6. Produce a personal and team-based action plan

Format

This workshop blends theory with team based exercises and group discussions

Overview

- An exploration of the differences between groups of individuals and teams
- How to lead people through the evolutionary phases of team development
- The characteristics of high-performing teams
- Understanding the context of team dynamics using the Action Centred Leadership model
- The role that dynamic management and leadership plays in the creation of high-performing teams
- An exploration of the essential roles within any work-related team
- Avoiding the five dysfunctions that many teams experience
- How to run effective team meetings
- A participative team challenge that consolidates the day's learning
- Participants will complete their personal action plans

